

I create mixed-media wall art interpreting traditional quilt patterns in modern colors and compositions. My work is an exploration of duality and the result is geometric structure with warmth, freedom, and fun. My process results in layered, textural works that are approachable and energetic.

My "quilted" paintings are characterized by gritty brushstrokes, layered background details, and geometric compositions resembling quilt patterns. The tone of my work is cheerful and accessible; I whole-heartedly subscribe to the dopamine aesthetic and believe that colorful, whimsical art has just as much to say as moody, serious art!

The concept of the quilt has grown in importance to me as my art practice develops. In a literal sense, I am drawn to the mix and subtlety of micropatterns and the beautiful imperfection of elements that are scrappy and askew. I love to reuse vintage and found materials and give them new life. I thrive on the meditative practice of cutting and placing materials and brush



marks to create a larger design. I also view the creation of a quilt as an act of service, and exercise in precision, and an expression of the maker's unique sense of beauty and creativity. In a quilt, I see tenderness, dedication, resourcefulness, and an artifact of one's legacy. I see anonymous woman makers who create these practical artworks out of love and necessity.

My work explores the relationships and interplay between opposites; I am curious about the nature of duality and authenticity, and often reflect on these themes. I want my work to be equal parts approachable and sophisticated. I create colors and textures intuitively and make expressionist marks, and I combine these with structured patterns to build multi-layered compositions with compelling hidden details.

I began painting as a hobby/side-hustle in 1999 and did so for over 20 years alongside a career in leadership consulting and executive coaching. I have a Ph.D. in Psychology, and constantly apply my interest in the human experience to my artwork.

Since transforming my professional focus to art, I now sell my work independently and with gallery partners. I produce original fine art paintings, custom commissions, and residential/commercial murals.

I live in Milton, Georgia (a semi-rural suburb of Atlanta) with my incredible husband, our four lively young children, and our two beloved dogs. When I'm not painting or momming, I love cooking, baking, and decorating our home. I'm addicted to houseplants, podcasts, and ice cream.

Instagram @sarahmangalapalliart